



## **Health Self-assessment Tool**

*Let's do our best to keep our cast and crew healthy this summer!*

Cast and crew members should not attend rehearsals when they are sick. Home symptom screenings rely on members and their parents, guardians, or caregivers initially identifying when the member may have signs and symptoms of illness and taking action (such as staying home). Please use this tool every day to ensure that your child is healthy before attending rehearsal.

PLEASE STAY HOME IF ANY OF THESE ARE TRUE:

(these can be signs of any illness, not necessarily signs of COVID-19)

Any of these Symptoms

- Fever above 100.4 when taken by mouth
- Chills, muscle pain, body aches
- Shortness of breath
- Cough (or new uncontrolled cough that causes difficulty breathing for students with chronic allergies/asthma)
- Diarrhea, vomiting or abdominal pain
- Sore throat
- Congestion or runny nose
- New onset of severe headache, especially with fever
- Loss of taste or smell